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DIGESTIVE DISORDERS

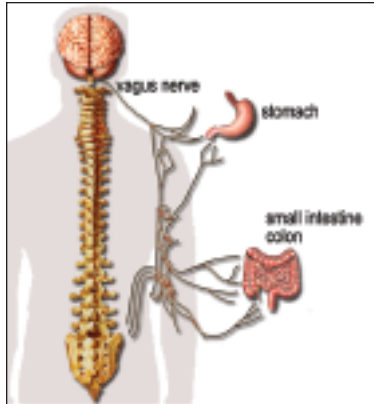


Digestive Disorders

For most people, digestion is a natural process that we take for granted. However, there are millions of Americans who are not as fortunate. When the digestive process goes awry, it can result in any number of digestive disorders, all of which can interfere with every aspect of their lives.

While the list of digestive disorders is vast and varied, some of the more common disorders include colic, acid reflux, constipation, irritable bowel syndrome and Crohn's disease. A common component of many of these can be described as a nervous system that is "out of sync."

Every section of the GI tract is prone to its own unique disorder - some are merely annoying, such as heartburn,



while others can be painful or even debilitating with cramping, bloating, diarrhea, constipation, or bleeding. If the condition persists, it can undermine a person's overall health, and, in some cases, threaten their lives.

The brain stem has an effect on all the major organs of the body, including the stomach.

Medical Treatments

Many sufferers attempt to treat their symptoms with over-the-counter (OTC) drugs. If this fails, they are typically given prescription drugs or steroids. As a last resort, surgery may be recommended to repair or remove a section of the digestive tract. However, the *Physician's Desk Reference* reveals that the drugs used to treat digestive disorders can have potentially dangerous side effects. Some may cause further digestive distress.

Digestive Disorders & The Brain Stem

Research and clinical evidence continues to suggest that a malfunctioning nervous system may be a key factor in the development of many digestive disorders.

Much of the control of the digestive system is under the direct control of the brain stem via the vagus nerve. The brain stem is the command center for many vital functions, including digestion. It works very much like a telephone cable with thousands of individual wires or nerve fibers, sending signals back and forth between the brain and brain stem to every cell, organ and system within your body.

Misalignments in the upper cervical spine (neck) can interfere with the function of the brain stem, which can be a critical factor in many health problems, including digestive disorders. These misalignments may be caused by a number of things, including bumps, falls, sports injuries, car accidents, birth trauma and emotional stress. Health problems may appear immediately after the injury or several years later.

Upper Cervical Health Centers Of America

Upper Cervical Health Centers of America is a network of Upper Cervical Doctors of Chiropractic, located throughout the United States, who have extensive training and education in the brain stem and upper cervical spine. These doctors have dedicated their professional lives to helping patients with pain, sickness and disease.

Although Upper Cervical doctors do not "treat" digestive disorders directly, many patients respond to the care the doctors provide by reducing the irritation or injuries to the nerves that supply the GI and/or immune systems.

If you suffer from any digestive disorder and would like to seek the help of an Upper Cervical Health Center doctor, call the number on the back of this pamphlet. You can also visit our Web site at www.UpperCervicalCare.com to find a center in your area.

Upper cervical care has "given life back" to countless digestive disorder sufferers. Your Upper Cervical Health Center doctor knows how to develop a program specific to your needs. Most health insurance companies recognize the benefits of upper cervical care and include it among the services they cover.

Get Your Life Back!



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